

## 1. Manage your study time wisely

Set aside study time and plan to study throughout the semester. Utilize time management strategies such as the Intense Study Session and 3-part planning. Schedule an appointment with a Study Skills Tutor at USF's ASC for one-on-one help with time management.

## 2. Utilize appropriate study methods & alternate between subjects and methods

Alternate between subjects if possible. For example, one hour of Chemistry then one hour of Calculus.) Also, alternate between various study methods such as the PARROT Method for textbook reading, Concept Mapping, Note Cards, practice problems, etc. (do not study a subject in the same way for too long). Schedule an appointment with a Study Skills Tutor at USF's ASC for

review sessions prior to the test - short but frequent is better than one long cram session. Review the main the main points the night before.

## 8. Look over the entire test first

Take a deep breath, relax, and forget about the people around you. Make sure to read directions carefully. Determine types of questions, how many points for each, whether you have a choice of questions to answer, etc. Adopt a time budget for each type of

