

# MINDS-*IN-MOTION* MAZE®

OCTOBER 22, 2022 // 9:00 AM – 4:00 PM

**USF College of Education, TECO Hall (Tampa campus)**

**Registration Fee:** \$150

**Register at:** \_\_\_\_\_ /a

What you get: A full day of pioneering professional learning, a full color 72 page MAZE® handbook for Elementary or Middle grade levels, a tasty box lunch, and a fun paced day with like-minded people.

Minds-*In-Motion's* revolutionary program, using movement and brain integration, jump-starts the brain's neural pathways to help children maximize potential by building a better foundation for learning and equips them with the tools for success in school, in sports, and in society. In this session, you will learn the Minds-*In-Motion's* MAZE®, 15 simple steps to enhance the brain processing abilities of PK-12 students.

## **THE WHY – Rationale & Research**

- Recent research is proving that poor integration and inefficient coordination between the numerous brain systems involved in the learning process can be dealt with through sensory integration and motor development exercises.<sup>1</sup>
- Exercises that improve balance through vestibular stimulation can also improve motor