

MARCH SESSION



BRAIN GYM®

MARCH 25, 2023 9:00 AM – 4:00 PM

USF College of Education, TECO Hall (Tampa campus)

Registration Fee: \$155

Register at: tinyurl.com/anchinbraingym

What you get:

Participants will receive a comprehensive overview of the Brain Gym program, including its history, research, and practical applications in the classroom. The session will cover the rationale behind the program and provide participants with the top 3 learner objectives for participants. This session is designed to be both informative and interactive, ensuring that participants leave with a clear understanding of the program and its benefits.

THE WHY – Rationale & Research

The Brain Gym program is based on the research of Dr. Paul Dennison, who discovered that the brain has a natural ability to learn and remember through movement. This research led to the development of the Brain Gym program, which uses specific movements to stimulate the brain and improve learning outcomes. The program is supported by a wealth of research, including studies on brain plasticity, memory, and learning styles.

THE HOW – Top 3 Learner Objectives for Participants

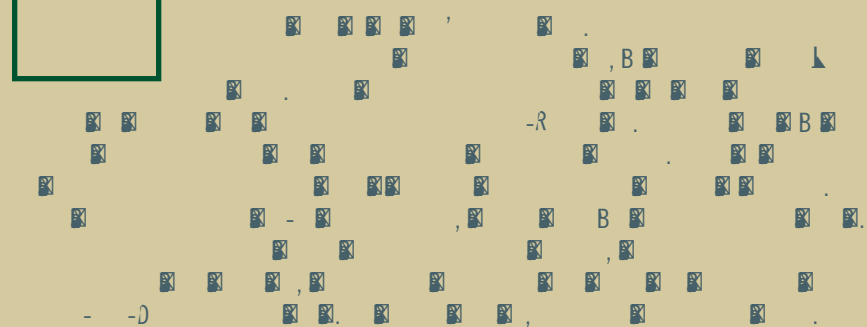
Participants will be able to identify the top 3 learner objectives for participants, understand the rationale behind the program, and apply the program in their own classrooms. The session will provide participants with a clear understanding of the program and its benefits, and will include practical activities that participants can use in their classrooms. This session is designed to be both informative and interactive, ensuring that participants leave with a clear understanding of the program and its benefits.

MEET YOUR FACILITATOR



CINDY GOLDADE

Director of In-Motion Intelligence, Forest Lake, Minnesota



LEARN MORE | Website: <https://breakthroughsinternational.org/programs/the-brain-gym-program> and <https://in-motionintelligence.com>

READ MORE | Scholarly Articles: <https://breakthroughsinternational.org/resources/the-brain-gym-resources>

SEE MORE | Classroom Design and Brain Gym: <https://www.youtube.com/watch?v=A-N8A7VpxuCQ>