

Abhishek Pandey, MD

1302 New York Avenue, Brooklyn, New York, 11203 (347) 559-0133

A

Collaborators: New York Jewish Board of Children and Family Services, The Consultation Center at Yale University, Grandparent as Parents, Inc of California.

2014-present

Kinship Services Network of Pinellas Longitudinal Study

The primary focus of this longitudinal study is to determine the long term effectiveness of this case management and family support program for grandparents and other relatives raising children compared with traditional child welfare services. Current work on this project is focused on capacity building for the community collaborative. Community collaborators include: Florida Department of Children and Families, Eckerd Youth Family

County, Kinship Collaborative of Pinellas County.

2013-present

Early Head Start Family Structure and Adverse Childhood Experiences Study

Secondary data analysis on family structure and adverse childhood experiences. Findings indicate that children living in grandparent headed households have different experiences related to health and wellbeing than those children living with both parents, a biological mother only, and a biological mother and non

Abhishek Pandey, MD

- on math and reading competence for children raised by grandmothers. *Sleep*, 40(1), A372-A372. DOI: 10.1093/sleepj/zsx050.1000
- j. Littlewood, K., Cooper, L., Strozier, A.L., McCrae, J.S., McCrae, C.S., Rosenthal, M., Hernandez, L. & **Pandey, A.** (2017). Self-reported sleep and peer acceptance, rejection and bullying for children raised by grandmothers. *Sleep*, 40(1), A371-372. DOI: 10.1093/sleepj/zsx050.999
 - k. **Pandey, A.**, Littlewood, K., Cooper, L., McCrae, J., Rosenthal, M., Day, A.G., & Hernandez. (2018). Connecting older grandmothers raising grandchildren with community resources improves family resiliency, social support and caregiver self-efficacy. *Journal of Women & Aging*, DOI: 10.1080/08952841.2018.1444940.
 - l. Littlewood, K., Cooper, L., & **Pandey, A.** (2018 *provisionally accepted*). 12, 24 and 36 month follow-up on safety and placement stability outcomes from the Children's Home Network-Kinship Navigator Program. *Child Abuse & Neglect*.
 - m. Littlewood, K., Rosenthal, M., Day, A., & **Pandey, A.** (2018 *in review*). Kinship Navigator Model Development and Implications: Lessons Learned from Four Demonstration Projects. *Children and Youth Services Review*.
 - n. Littlewood, K., et.al., & **Pandey, A.** (2018 *in review*). Support Group Survey for Grandparents Raising Grandchildren: Findings and Psychometrics. *Journal of Family Social Work*.
 - o. **Pandey, A.**, Littlewood, K., Cooper, L., Rosenthal, M., Hernandez, L., & Day, A. (2018). Mixed methods study to explore attitudes and beliefs about sleep for clinicians, administrators and policy makers in child welfare. *Sleep*, 41(S1), A392. DOI: 10.1093/sleep/zsy061.1053
 - p. **Pandey, A.**, Littlewood, K., Cooper, L., Rosenthal, M., Hernandez, L., & Day, A. (2018). Pragmatic approaches for integrating healthy sleep hygiene to promote chronic disease management. *Sleep*, 41(S1), A391. DOI: 10.1093/sleep/zsy061.1051
 - q. **Pandey A**, Littlewood K, Cooper, L., et.al. (2017, November). Unexplored Impact

presentation and publication of results. Our background work has led to NIH-funded project using non- traditional model of sleep health promotion to disseminate evidence-based healthful sleep practices (R25-HL116378).

- a. **Pandey A.**, et.al. (2012, October). Beliefs and Attitudes About Sleep among Community-Dwelling Black Men. Oral presentation at the Engaging Communities in Research: Best Practices at APHA 140th Annual Meeting and Exposition in San Francisco, CA.
- b. **Pandey A.**, Gekhman D, Gousse Y, et al. Short Sleep and Dysfunctional Beliefs and Attitudes Toward Sleep Among Black Men. SLEEP 34 (Abstract Suppl.):A0760, 2011.

3. Epidemiological and Big Data Analysis.

To identify and intervene on the determinants of population health, I have also been investigating associations of country of origin and race/ethnicity with sleep duration and metabolic syndrome utilizing multiple nationally representative datasets including National Health and Nutrition Examination Survey (NHANES), National Health Interview Survey (NHIS), Behavioral Risk Factor Surveillance System (BRFSS). We have also explored Head Start Family and Child Experiences Survey (FACES) and private data sources to explore pathways for models to better understand the role of sociodemographic factors to sleep health to reduce disparities within an increasing diverse population.

- a. **Pandey, A.**, Littlewood, K., Cooper, L., Vu, S. (2015). Sleep in children raised by grandparents compared to other family structures: Analysis of FACES Survey. *Sleep*, S1041.
- b. **Pandey A.**, Williams N, Donat M, Ceide M, Brimah P, Jean-Louis G. Linking Sleep to Hypertension: Greater Risk for Blacks. *International Journal of Hypertension*. Volume 2013, Article ID 436502. PMID: 23710339
- c. Ceide M, **Pandey A.**, et.al. Associations of Short Sleep and Shift Work Status with hypertension among Black and White Americans. *International Journal of Hypertension*. Volume 2015; October 1. Article ID 697275. PMID: PMC4606100
- d. Salifu I, Tedla F, **Pandey A.**, et. al. Sleep duration and chronic kidney disease: analysis of the national health interview survey. *Cardiorenal Med*. 2014 Dec;4(3-4):210-6. PMID: 25737685
- e. Jean-Louis G, Williams NJ, Sarpong D, **Pandey A.**, et. al. Associations between inadequate sleep and obesity in the US adult population: analysis of the national health interview survey (1977-2009). *BMC Public Health*. 2014 Mar 29;14(1):290. PMID: 24678583
- f. Zizi F, **Pandey A.**, Murray-Bachmann R, Vincent M, McFarlane S, Ogedegbe G, Jean-Louis G. Race/Ethnicity, sleep duration, and diabetes mellitus: analysis of the national health interview survey. *Am J Med*. 2012 Feb;125(2):162-7. PMID:22269619

Abhishek Pandey, MD

1302 New York Avenue, Brooklyn, New York, 11203

(347) 559-0133

apandey47@gmail.com

18. **Pandey A**, Tedla FM, et.al. Sleep Duration and Chronic Kidney Disease: Analysis of the National Health Interview Survey. Submitted to *American Journal of Kidney Disease*.
19. **Pandey A**, Jean-Louis G, et. al. Race/Ethnicity, Sleep Duration And Quality Of Life: Analysis Of The Behavioral Risk Factor Surveillance System (BRFSS). Submitted to *American Journal of Medicine*.
20. Grandner, MA., Buxton, OM, **Pandey, A**, et al. C-reactive protein (CRP) and habitual sleep duration: A complex, non-linear relationship dependent on sex, race/ethnicity, and presence of sleep disorder and/or medical comorbidity. Submitted to *SLEEP*.
21. **Pandey A**, et al. Linking region of birth to hypertension: analysis of the national health interview survey. Invited Paper to *Journal of the American Society of Hypertension*.

Peer-Reviewed Abstracts:

1. **Pandey A**, et.al. Inadequate Sleep And Obesity In The Us Population Over The Last Four Decades. *SLEEP*,36:A278.
2. **Pandey A**, et.al. Lipid-Related Cardiovascular Disease Markers And Sleep Apnea. *SLEEP*,36:A286.
3. **Pandey A**, et.al. Relaxation Techniques Profile Of Self-reported Stroke Survivors: Analysis Of The National Health Interview Survey. *Stroke* 2013;44:AWP112.
4. **Pandey A**, et.al. The Mobile Applications for Stroke (MAPPS) Investigators: Mobile Technology Profile of Stroke Survivors and Caregivers: Preliminary Results from a National Survey. *Stroke* 2013;44:ATP317.
5. **Pandey A**, et.al. The Mobile Applications for Stroke (MAPPS) Investigators: Availability and Efficacy of Mobile Health Technology Targeting Patients: A Systematic Evidence

16. Benoit J, **Pandey A**, et.al. Differences in Sleep Measures between Caribbean- and US-Born Blacks with Metabolic Syndrome. *SLEEP*,35:A294.
17. Mahmud S, Bhuiya N, **Pandey A**, et.al. Association Of Social Desirability With Sleep Measures Among Blacks. *SLEEP*,35:A294.
18. Grandner, M. A., Buxton, O. M., **Pandey, A.**, Jackson, N. J., Pak, V. M., and Jean-Louis, G. (2012). C-reactive protein (CRP) and habitual sleep duration: A complex, non-linear relationship dependent on sex, race/ethnicity, and presence

Sleep Duration Influenced by Race, Ethnicity and Country of Origin

Scientific American: <http://www.scientificamerican.com/article.cfm?id=us-born-americans-sleep-patterns-dffer-from-immigrants>

TIME Magazine

<http://healthland.time.com/2012/06/14/how-well-do-you-sleep-the-answer-may-depend-on-your-race/>

NYTIMES Science Section

<http://www.nytimes.com/2012/08/21/health/how-well-you-sleep-may-hinge-on-race.html?pagewanted=all>

Science Daily

<http://www.sciencedaily.com/releases/2012/06/120613091041.htm>

Medical Daily

<http://www.medicaldaily.com/news/20120613/10281/sleep-time-quality-race-culture.htm>

U.S.News & World Report

<http://health.usnews.com/health-news/news/articles/2012/06/13/sleep>

Abhishek Pandey, MD

1302 New York Avenue, Brooklyn, New York, 11203

(347) 559-0133

apandey47@gmail.com

Stephanie Thermomizer
Stephanie Thermomizer
Bosede Adenekan

Junior (2 Abstracts, 1 paper in prep)
Junior (2 Abstracts, 1 paper in prep)
Post-graduate (1 paper)

LANGUAGES

Fluent in English, Hindi, Bengali, Bhojpuri, and medical Spanish