

## School-Based Mental Health Services

### Course Description

This course aims to equip students with fundamental knowledge and skills related to evidence-based behavioral health prevention and intervention in schools with an emphasis on cross systems collaboration and multi-tiered systems of services and supports.

### Course Highlights

Understand whole-school approaches to the delivery of mental health services, and the roles of various key personnel (including school-related services personnel, parents, and community providers) in addressing behavioral health needs.

Understand whole-school approaches to the delivery of mental health services to address the needs of all students within the school setting.

Gain knowledge regarding evidence-based behavioral health interventions and approaches in schools for specific problems and higher risk populations.

### About the Instructor

Dr. Foster is a developmental psychologist and Assistant Professor at CFS's Rightpath Research and Innovation Center. Dr. Foster conducts a wide range of school-based research, including basic research and longitudinal applied studies. He is particularly interested in supported children's academic and social-emotional development as they transition from preschool through elementary school. He is also interested in evidence-based practices, especially those that foster early academic achievement using multi-tiered systems of support (MTSS). As a previous special education teacher and developmental psychologist, Dr. Foster has a strong understanding of the intersection between developmental disabilities and school-based services.



### About this Graduate Course

MHS 6024 • CRN 95865 • Sec 792

School Based Mental Health Course  
Fall 2022

This course is taught entirely online (asynchronous) via modules made available through Canvas

### Instructor

Matthew E. Foster, PhD

### More Information

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