

**AIMEE K. JOHNSON, Ph.D.**

**Employment Contact Information:**

University of South Florida Saint Petersburg  
College of Arts and Sciences  
Department of Psychology  
Email: [aimeejohnson@usf.edu](mailto:aimeejohnson@usf.edu)

**RESEARCH INTERESTS**

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**Courses Taught:**

*PSY 3213 Research Methods in Psychology*

*DEP 4053 Developmental Psychology*

*PSY 3204 Psychological Statistics*

*CLP 4433 Psychological Tests & Measures*

*PSY 4205 Experimental Design & Analysis*

*PSY 6217 Graduate Research Methods*

**JAMES MADISON UNIVERSITY, Harrisonburg, VA**

2017- 2022

Department of Health Sciences

**Assistant Professor**

Tenure track position involving teaching, scholarship and service to health science department and JMU.

**Courses Taught:**

*HTH 408 Health Research Methods*

*HTH 320 Statistical Methods for Health Research*

**BAYLOR UNIVERSITY, Waco, Texas**

2010- 2014

2010-2014

Department of Psychology & Neuroscience

**Teaching Assistant- Research Methods**

2013-2014

Department of Psychology & Neuroscience

Responsible for preparing lectures; delivering research methods lectures; and supervising in statistical software SPSS exercises.

**MCLEANAN COMMUNITY COLLEGE, Waco, Texas**

2012-2013

Department of Psychology & Neuroscience

**Adjunct Instructor**

**Courses Taught**

Division of Public Health Sciences  
Department of Social Sciences and Health Policy

**Wake Forest NCI Community Oncology Research Program  
Research Associate (February 2016 to July 2017)**

Initiate study design and development of nationwide oncology cancer control/prevention trials. Primary liaison between multiple principal investigators and the study coordinating center. Lead author of NIH grant proposals and peer-reviewed manuscripts in collaboration with interdisciplinary research team.

**Post-Doctoral Fellow, R25 Training Grant (August 2014 to January 2016)  
(R25CA122061)**

Expanded research in areas of survivorship follow-up care interventions and patient-provider communication. Gained experience in new methodologic research (i.e. mixed methods design; qualitative research). Completed coursework in clinical trials, epidemiology, and clinical trial ethics

**BAYLOR UNIVERSITY, Waco, Texas  
2010-2014**

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*Assessing Burnout in Physician Assistant Students and Developing Strategies to Promote Wellness and Resilience (May 2018)*

PIs: Aimee Johnson, Sarah Blackstone, Whitney Simons, Ashley Skelly

College of Health and Behavior Studies Collaborative Grant

Funded, \$6,899.

*End of Treatment Transition to Follow-Up Care among Early Stage Lung Cancer Survivors R03CA179019 (March 2015)*

PIs: Kathryn Weaver

Funded NIH/NCI, \$37,000

*Validity of Hot Flash*

28. Blackstone SR, **Johnson AK**, Smith N, McCall T, Simmons WR, Skelly AW (2021). Depression, burnout, and professional outcomes among Pas. *Journal of the American Academy of Physician Assistants*, 34 (9)35-41

18. **Johnson, A.K.**, Johnson, A.J., Barton, D., & Elkins, G. (2016). Hypnotic Relaxation Therapy improves sexual function in post-menopausal women: Results of a randomized clinical trial. *International Journal of Clinical and Experimental Hypnosis*, 64 (2), 213-224. doi: 10.1080/00207144.2016.1131590
17. Kendrick, C., Sliwinski, J., Yu, Y., **Johnson, A.**, Fisher, W., Kekecs, Z., & Elkins, G. (2016). Hypnosis for Acute Procedural Pain: A Critical Review. *International Journal of Clinical and Experimental Hypnosis*, 64(1), 75-114. doi: 10.1080/00207144.2015.1099405
16. Elkins, G., **Johnson, A.K.**, Johnson, A. Sliwinski J. (2015). Factor analysis of the Elkins Hypnotizability Scale. *International Journal of Clinical and Experimental Hypnosis*, 63 (3), 335-345. DOI: 10.1080/00207144.2015.1031550
15. Sliwinski, J., **Johnson, A.**, Elkins, G. (2014). Investigating memory decline in postmenopausal women: Can hormone therapy and mind-body medicine be used to preserve and enhance cognitive performance? *Integrative Medical Insights*, 9, 17-23. doi: 10.4137/IMI.S15682
14. Kendrick, C., **Johnson, A.**, Elkins, G. (2015). Hypnotic Relaxation Therapy for reduction of hot flashes in postmenopausal women: Examination of cortisol as a potential mediator. *International Journal of Clinical and Experimental Hypnosis*, 63(1), 76-91. DOI: 10.1080/00207144.2014.931169
13. Sliwinski, J., Fisher, W., **Johnson, A.**, & Elkins, G., (2013). Medical hypnosis for pain and psychological distress during burn wound debridement: A critical review. *OA: Alternative Medicine*, 1, (1):10.
12. Fisher WI, **Johnson A**, Elkins GR, Otte JL, Burns DS, Yu M, Carpenter JS. (2013). Risk factors, pathophysiology, and treatment of hot flashes in cancer. *CA Cancer J Clinicians*, 63 (3), 167-192.
11. Elkins, G., Fisher, W., **Johnson, A.** (2012). The initial development of a measure of non-pathological dissociation: The Dissociative Ability Scale. *Contemporary Hypnosis*, 30 (1), 32-41. doi: 10.3322/caac.21171
10. Elkins, G., Fisher, W., **Johnson, A.**, Carpenter J., Keith, T. (2013). Clinical hypnosis in the treatment of post-menopausal hot flashes: a randomized controlled trial. *Menopause*. 20(3), 291-8. doi: 10.1097/gme.0b013e31826ce3ed

9. Elkins, G., **Johnson, A.**, Fisher, W., Sliwinski, J. & Keith, T. (2013). A Pilot Investigation of Guided Self-Hypnosis in the Treatment of Hot Flashes Among Post-Menopausal Women. *International Journal of Clinical and Experimental Hypnosis*, 61(3), 342-50. doi: 10.1080/00207144.2013.784112
8. Elkins, G., Fisher, W., **Johnson, A.**, Sliwinski, J. (2012). Clinical Hypnosis for Palliative Care of Cancer Patients. *Oncology Nurse Edition*, 26, 26-30.
7. Kendrick, C., Koep, L. **Johnson, A.**, Fisher, W., & Elkins, G. (2012). Feasibility of sham hypnosis: Empirical Data and Implications for Randomized Trials of Hypnosis. *Contemporary Hypnosis and Integrative Therapy*, 29(4), 317-331.
6. Elkins, G., **Johnson, A** & Fisher, W. (2012). Cognitive Hypnotherapy for pain management. *American Journal of Clinical Hypnosis*, 54, 294-310. doi: 10.1080/00029157.2011.654284
5. Elkins, G., Fisher, W., & **Johnson, A.** (2012). Initial development of a brief IP ~~AMCIDr8113.nosil8o7~~ (e

2. Fisher, W., **Johnson, A.**, Fisher, L., Sharma, S., & Ceballos, N. (2013). Impulsive-Aggressive Behavior in Adolescents: A Review. In N. Gotsiridze-Columbus. (Ed.), *Aggressive Behavior: New Research*. Hauppauge, NY: Nova Publishers, Inc.
1. Elkins, G., **Johnson, A.**, Fisher, W., & Sliwinski, J. (2013). Efficacy of Mind-body Therapy on Stress Reduction in Cancer Care. In W. Cho (Ed.), *Evidence-based Non-pharmacological Therapies for Palliative Cancer Care*. New York, NY: Springer.

## PROFESSIONAL RESEARCH CONFERENCE PRESENTATIONS

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28. **Johnson, AK.**, Blackstone, S. & Thomas, S. “Beliefs in Just World and College Student Mental Health during the COVID-19 Pandemic”. Oral Presentation presented virtually to the Society of Public Health Education. Virtual Conference. March 2020
27. **Johnson, AK.** Blackstone, S. “A Needs Assessment of Behaviors of Weight Conscious Drinkers: Addressing “Drunkorexia” in Undergraduates”. Accepted Poster Presentation: Society of Behavioral Medicine Conference, Washington, D.C., March 2019
26. Weaver, K, Klepin, H, Avery, T., Lamar, Z., Pajewski, P., Hundley, G., **Johnson, AK**, Foraker, RE. Usability of an Adapted EHR-based Cardiovascular Health App in the Oncology Setting Perceptions of Oncologists and Cancer Survivors. Paper presented to ASCO Survivorship conference. Orlando, FL. February 2018
25. **Johnson AK**, Canzona M, Nightingale C, Pevette K, Weaver K. Early Lung Cancer Patients Perspectives and Associations of the Term “Survivor. Poster Presentation: 8th Biennial Cancer Survivorship Research Conference, Washington, D.C. June 2016.
24. Weaver, K.E., **Johnson AK**, Nightingale CL, Beech B, Pevette K, Leger S, Canzona M, Lechner S. Early stage lung cancer survivors’ challenges during the transition to post-treatment follow-up care. Poster Presentation: American Society of Preventive Oncology Annual Meeting, Columbus, OH. March 2016.
23. **Johnson, A.K.** Screening for Psychological Distress in Oncology: Development of a Brief Screening Instrument. Poster accepted to the American Psychosocial Oncology Society (APSO) Annual Convention, Washington, D.C.
22. **Johnson, A.K.**, Nightingale, C.L., Carnaby G., & Curbow. Perceived Social Support during Treatment as a Predictor of Emotional Quality of Life in Head and Neck Cancer Patients. Poster presented to the American Society of Preventative Oncology (ASPO) Annual Convention, Birmingham, AL
21. Elkins, G., Fisher, W., **Johnson, AK.**, Barton, D, Yu, A., Kendrick, C. (2013, July) *Hypnotic Relaxation Therapy Improves Sexual Health in Post-Menopausal Women with*



*Moderate to Severe Hot Flashes*. Paper presented to the American Psychological Association's Annual Convention, Honolulu, HI.

20. Elkins, G., **Johnson, A.**, Sliwinski, J., Fisher, W., Kendrick, C. (2013, July). *Do Cognitive Expectancies Mediate Outcome in Clinical Hypnosis for Hot Flashes?: Results from a Randomized Controlled Trial*". Paper presented to the American Psychological Association's Annual Convention, Honolulu, HI.
19. Elkins, G., Fisher, W., **Johnson, A.**, Ramsey, D. (2013 April). *Religiosity as a protective factor for post-menopausal hot flashes?* Poster presentation to the Society of Behavioral Medicine's Annual Convention. San Francisco, CA.
18. Harned, Z., Olendzki, N., Fisher, W., **Johnson, A.**, Elkins, G. (2012, November). *Increasing evidence based practice among private practitioner psychologists: Barriers and opportunities*. Poster presented to the Texas Psychological Association's Annual Convention. Austin, TX.
17. Elkins, G., Dhir, H., Fisher, W., **Johnson, A.**, Sliwinski, J., Liam, X.S., Harned, Z. (2012, November). *Clinical hypnosis for smoking cessation an employee wellness program: Lessons learned and future directions*. Accepted for poster presentation to the Texas Psychological Association's Annual Convention. Austin, TX.
16. Fisher, W., **Johnson, A.**, Elkins, G. Carreon, I., Tichy, K., Bower, J., Ramsey, D. (2012, November). *Cross-validation of a measure of non-pathological dissociation*. Accepted for poster presentation to the Texas Psychological Association's Annual Convention. Austin, TX.
15. **Johnson, A.**, Elkins, G., Fisher, W., Sliwinski, J., Olendzki, N. (2012, November) *"Initial development of a brief measure of psychological distress: Validation in a psychiatric sample"*. Paper presented to Texas Psychological Association Annual Convention, Austin, TX
14. Elkins, G., **Johnson, A.**, Fisher, W., & Sliwinski, J. (2012, October) *Improving sleep in postmenopausal women: Outcome from a randomized trial of Clinical Hypnosis*. Paper presented in the Top Scoring Scientific Abstracts session of the 23rd Annual Meeting of the North American Menopause Society, Orlando, FL
13. Elkins, G., Sliwinski, J., **Johnson, A.**, & Fisher, W. (2012, October), *Guided Self-Hypnosis for Control of Hot Flashes: A Pilot Study*. Accepted for poster presentation at the 23rd Annual Meeting of the North American Menopause Society, Orlando, FL.
12. Elkins, G., Fisher, W., & **Johnson, A.** (2012, August) *"The factor structure of a new brief measure of hypnotizability: Elkins Hypnotizability Scale."* Paper presented to the American Psychological Association's 120<sup>th</sup> Annual Convention, Orlando, FL.

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women.” Poster presentation the Society for Psychophysiological Research 51<sup>st</sup> Annual Meeting, Boston, Massachusetts

1. Elkins, G., Fisher, W. & **Johnson, A.** (2010, November) “*Measuring distress in a college population: the Elkins Distress Scale*”. Paper presented to the Texas Psychological Association’s annual convention, Dallas, Texas

## STUDENT HONORS THESES AND MASTER THESES

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2020 – 2021	Hannah Baldwin- Honor’s Thesis Advisor <i>The Relationship between TikTok Usage and Weight-Conscious Drinking Among College Student</i>
2019- 2020	Jordan Murrin- Master Thesis Committee Member M.S. Student, Nutrition & Physical Activity <i>Impact of a 12-week Ketogenic Diet vs. DASH Diet on Depression Severity, Body Composition, and Metabolic Profile in a Veteran Population</i>
2019- 2021	Becca Mathien -Master Thesis Committee Member Master of Science in Health Sciences (M.S.) <i>An Assessment of the Wellness Needs of JMU Faculty and Staff Members</i>
2018-2020	Carlee Logue- Honor’s Thesis Advisor <i>Coping Strategies and JMU Undergraduates Awareness of On-Campus Mental Resources</i>
2018-2019	Stephanie Rathjen- Honor’s Thesis Advisor <i>An Examination of Factors Associated with Body Appreciation, Sociocultural Attitudes of Appearance</i>

## HONORS AND AWARDS

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Outstanding Junior Faculty Award, College of Health and Behavior Studies, JMU, 2021-2022

Top Scoring Scientific Abstract Session “*Improving sleep in postmenopausal women: Outcome from a randomized trial of Clinical Hypnosis*”. North American Menopause Society, October 2012

Abstract awarded “*Preliminary results of a randomized controlled trial of clinical hypnosis for the treatment of hot flashes in post-menopausal women*”. Society of Behavioral Medicine, April 2012

Conference Travel Awards, Department of Psychology and Neuroscience, Baylor University, 2011, 2012, 2013

## **ACADEMIC & PROFESSIONAL SERVICE**

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### **Departmental Service:**

Program Coordinator, University of South Florida, St. Petersburg  
Fall 2022- present

Committee Member of the Faculty Search Committee  
JMU Health Sciences Search, Fall 2017-Fall 2018, Fall

### **College Service:**

University Program Committee, University of South Florida  
Fall 2022- present

Committee Member for the College of Health and Behavioral Studies at JMU:  
Faculty Development Committee, 2018-2019  
Interprofessional Education Council (IPE), 2018-2019

Chair for the College of Health and Behavioral Studies at JMU:  
Faculty Development Committee, 2019-2020

### **University Service:**

James Madison University:  
New Faculty Academy, 2017-2018  
Alcohol and Other Drug Council (AOD)

### **Professional Service:**

*Member*, Society for Public Health Education, 2018 to 2022

*Member, Society of Behavioral Medicine, 2015 to present*

*Member, American Psychosocial Oncology Society, 2014 to 2017*

*Member, American Psychological Association, 2010 to 2023*

*Ad Hoc Reviewer for:*

*Cancer*

*American Psychologist*

*CA: A Cancer Journal for Clinicians*

*Translational Behavioral Medicine: Practice, Policy and Research*

*Psycho-oncology*